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Press Release

Your Pet, Your Pill:
***101 Inspirational Stories About How Pets Lead You to a
Happy, Healthy and Successful Life***
By Dr. Margit Muller MBA MRCVS D Vet Hom

Our pets provide us with comfort and companionship, help us through difficult times, and lead us to a life of purpose and meaning. For veterinarian Margit Muller, she has seen firsthand the power our pets possess to improve our lives in so many ways. In her positive, motivational and inspirational new book, *Your Pet, Your Pill®: 101 Inspirational Stories About How Pets Lead You to a Happy, Healthy and Successful Life* (Paperback; September 15, 2020), Dr. Muller will forever impact the way we look at all pets (dogs, cats, fish, rabbits, birds and horses) and lead you on a path to what she calls HSH: Happiness, Success and Health. Filled with stories of how pets have helped people overcome emotional and physical challenges, the book demonstrates how pets have the ability to transform our lives, by making them better and more enriched. *Your Pet, Your Pill* is broken up into three distinct parts, Pets and happiness (Part 1), Pets and health (Part 2) and Pets and success (Part 3).

Your Pet, Your Pill also demonstrates how our pets can help us to find ourselves again. “We can improve ourselves tremendously when we look at pets as our guide, help, support and our idols,” says Dr. Muller. “Their unconditional love and incredible joy of being present in the moment are the foundation for our lives and our relationship with others. Pets can heal us so deeply that they are our best medicines for love, for laughter, for happiness, for joy, for health, and for success.”

Your Pet, Your Pill seeks to provide another way to help – a resource for those who:

- Are suffering from the physical and emotional trauma of COVID-19, including isolation, loneliness and lack of human interaction
- Coping with the loss of a loved one

- Reeling with fear about the social unrest in many communities in the United States and around the world
- Seeking a change, and a new way forward to a life of happiness and joy

Accompanying *Your Pet, Your Pill* is the self-discovery guide, *Your Pet, Your Pill® Workbook: A Self-Discovery Guide About How Pets Lead You to a Happy, Healthy and Successful Life*.

This workbook provides readers with a clear structured approach to review their life and find out where pets helped and where they could help even more. Organized by key topics from *Your Pet, Your Pill*, this guide's insightful activities will take readers on a journey of self-discovery as they explore how pets bring us joy, reduce our fears and loneliness, offer us unconditional love, and so much more. Readers are also encouraged to submit their own stories, to be shared as part of the *Your Pet, Your Pill®* community. A fantastic resource for anyone with a cherished pet.

About the Author:

Dr. Margit Gabriele Muller is a Doctor of Veterinary Medicine with more than twenty-five years of experience in the field. She is a sought-after speaker and Certified Life Coach. Since 2001 Dr. Muller has been the Executive Director and Chief veterinarian at the Abu Dhabi Falcon Hospital in the United Arab Emirates. Under her expert leadership, the hospital has become the world's largest falcon hospital, as well as the world's leading center for falcon medicine.

A member of the Royal College of Veterinary Surgeons, UK, the Association of Avian Veterinarians, USA, and the Bavarian Chamber of Veterinarians, Germany, Dr. Muller is also the author of *Practical Handbook of Falcon Husbandry* and *Medicine and Modern Veterinary Practice Management*. She lives in Abu Dhabi with her five dogs and several other pets.

To learn more about Dr. Margit Muller, please visit www.margitmuller.com.

Your Pet, Your Pill is available for preorder now at [Amazon \(preorder link to come\)](#) and will be on-sale September 15, 2020.

REVIEW COPIES AVAILABLE UPON REQUEST

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**Interview Veterinarian and Life Coach, Dr. Margit Muller on:
*How pets can improve, inspire and lead us to a happier, more successful life***

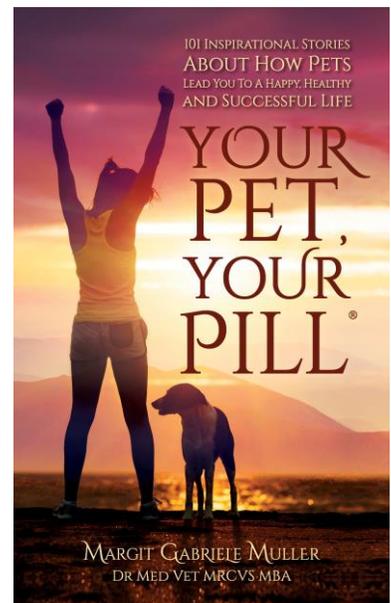


[Dr. Margit Gabriele Muller](#) is a Doctor of Veterinary Medicine with more than twenty-five years of experience in the field. She is a sought-after international speaker, Certified Life Coach, NLP Master and International Protocol Manager. Dr. Muller holds a Master's degree of Business Administration. Dr. Muller has been the Executive Director and Chief veterinarian at the Abu Dhabi Falcon Hospital in the United Arab Emirates. Under her expert leadership, the hospital has become the world's largest falcon hospital, as well as the world's leading center for falcon medicine.

A member of the Royal College of Veterinary Surgeons, UK, the Association of Avian Veterinarians, USA, and the Bavarian Chamber of Veterinarians, Germany, Dr. Muller is also the author of *Your Pet, Your Pill: Workbook, Practical Handbook of Falcon Husbandry and Medicine and Modern Veterinary Practice Management*. She lives in Abu Dhabi with her five dogs.

Key angles and expert commentary around her new book, *Your Pet, Your Pill: 101 Inspirational Stories About How Pets Lead You to a Happy, Healthy and Successful Life* include:

- How pets led her to find her mission in life and her purpose
- The ways pets can transform our lives and why adopting a pet does wonders for the heart, the soul and the mind
- How pets are beneficial for our daily lives and our health
- The impact pets can have on our business success and leadership skills
- As a successful woman in a male-dominated industry, her recommendations to women in the business world to succeed and achieve their goals and dreams
- What she regards as the key ingredient in inter-cultural harmony and success



***Your Pet, Your Pill* will be available for sale on September 15, 2020.**